

CASE MANAGEMENT PROTOCOL

Before embarking on the journey of health, we invite every client to read this document and refer to it as guidance throughout the process in order to be fully aware of all of the implications of true healing.

Most of us are accustomed to consider both health and disease as static states - we are either healthy, or unhealthy. Consequently, when we develop an interest in regaining our health, we tend to forget the entire process, years (or even generations, if we have a predisposition to certain conditions) that it took to lead us to this condition of disease. This is the result of the scientific paradigm, whose tools are limited to static technology. Science takes fragments from the dynamic and complex flow of life and attempts to make static, unchanging conclusions. Meanwhile, the flow that it was taken from, or the bigger picture, has already changed many times over. In fact, it is sufficient to look at nature's ever-changing and evolving essence in order to understand that any attempt to make a static conclusion is a drastic over-simplification of reality.

There is an entire industry based upon these erroneous beliefs, and the healthcare sector is a direct result of this limited scientific view. Consequently, while pharmaceutical drugs may offer fast relief, the removal of symptoms is but a temporary solution. Even the set of instructions for every drug carries this statement, as well as an extensive list of side-effects. Yet, this is what is both readily available and readily consumed. Ultimately, the tools that are developed for medicine are incomplete and at their core, incongruous with the human design, rendering them incapable of provoking complete healing.

That being said, what does “complete healing” entail? This brings us to the definition of health. In conventional medicine, health is defined as the absence of symptoms. However, it does not mention the level of vitality of a human being. It is also worth noting that an absence of symptoms does not imply an absence of disease, nor does it describe what true vitality is.

Rather than defining health by a presence or absence of symptoms, we propose not to use this framework of definition at all. In fact, **the presence of symptoms does not indicate the absence of health. On the contrary, symptoms are merely medical terms for a variety of sensations that a human being may experience as a result of their body's attempt to restore the harmony of life.** Our bodies are constantly recalibrating their harmony as a response to ever-changing internal and external circumstances. When our functions are insufficient, underdeveloped or damaged, this recalibration process produces unpleasant, painful or even dangerous sensations as a result of a compromised response mechanism. Moreover, when we are not healthy, not only does recalibration cause strain on our bodies, but our organisms may even be incapable of completing the response mechanism in question, therefore leaving this malfunction unresolved.

Natural, ongoing recalibration is a deeply dynamic process requiring a very fine-tuned mechanism capable of responding to even the most subtle of fluctuations in perfect timing. However, due to the fact that most people are damaged in some way or another, either as a result of hereditary or environmental issues, our function is in most cases imperfect. For this reason, **our recalibration mechanisms require appropriate guidance.** The only tools capable of providing the necessary navigation for our innate mechanisms are those that take into account the inevitably dynamic nature of our organisms.

Therefore, our practice uses only those tools which are in synchronicity with the human being's organic function. **In contrast to the scientific paradigm, which occupies itself mainly with the removal of discomfort, the framework we use enables us to completely restore health and consequently remove symptoms as a result of eliminating disease at its very core.**

To summarize, everything in nature is governed by dynamic laws. Therefore the human being is dynamic both in their healthy state, as well as in their manifestation of so-called diseases, which in fact is also part of health restoration. **What is important to take away from this is that health is not a simply a static state exempt from fluctuations, but rather an ongoing process that requires fluctuations in order to refine itself.** As such, the healing process is governed by the same laws, being equally dynamic.

The observation and necessary guidance of this dynamic healing process through appropriate remedy selection and adjustment of potencies in tandem with the body's calibration mechanism is what we call, case management. This is a very intricate and delicate process, as in most cases we are dealing with not only the restoration of health, but the entire reconstruction of damaged response mechanisms.

The inevitable natural consequence of restoring healthy response mechanisms is the manifestation of acute conditions. Because these conditions occur as a result of the healing process, it is crucial that we manage them using the same dynamic tools as for chronic issues (Read our acute care brochure [here](#)). If acute conditions are suppressed rather than guided to completion, the healing continues to be undermined. This would be the equivalent of taking five steps forward and four steps back, if not more.

In order to be able to properly manage the ongoing fluctuations which the reconstruction of an immune system produces, it is necessary for us to maintain sufficient and timely observation of a client's healing process. For this reason, we include acute care as a bonus, free of charge to all chronic clients - as long as they follow the prescribed timeline. It is necessary to stress the importance of the timeline as it is an indispensable tool, equally important to the remedy and potency selection.

To summarize, case management is founded upon the following four pillars:

- Proper remedy selection

- Timely potency adjustment
- Acute care (management of acute manifestations)
- Proper timeline of observational sessions

Observation is an intricate process requiring extensive explanation in order to be fully grasped. In fact, we offer a whole course on the topic which takes a year to complete, only scratching at the edges of this art. If anyone wishes to inquire further about this process, we encourage them to enrol in our course.

Through our experience, we have managed to render the observational sessions a relaxing and pleasant occurrence for our clients. So much so, that many have mistook the session for a mere conversation. However, while this appointment may appear as a recreational discussion, it is in fact a skillfully led information session conducted in such a way as to guarantee ease and relaxation of the client. In fact, it is only in a relaxed condition that a client can relate all of the subtleties and often unnoticed changes that occur throughout the healing process.

Due to the fact that our practice uses concepts of health and health management unfamiliar for the modern mind, we took the liberty to elaborate in depth about the more intricate details of this process. It may seem overwhelming or a lot to handle at once, but **as guiding principles, we suggest to keep in mind the following points:**

- **Symptoms are not indications of disease; they are naturally occurring sensations and are the language of the body**
- **Profound change is the result of subtle, accumulative shifts that occur over time; patience and the development of self-awareness is key to experiencing this healing process with greater ease;**
- **The scientific paradigm is very deeply engrained in most and it is only natural to refer to this way of thought when clients assess their own condition; however, we encourage each client to embark on a path of relearning their true nature as they go along with the sessions; we are here to guide you throughout the process and only ask for your patience and cooperation along the way;**
- **Remember that your presence in our practice is already the result of a willingness to think outside the box; while concepts may seem unfamiliar to you at first, we ask you to remain open to other avenues of perception**
- **While you may experience doubts throughout the process, we ask you to please trust our professionalism and verified expertise over years of practice in handling your case; all of our questions, requests and procedures of operation are well planned out and take into account the custom needs of each of our clients**
- **Our functions operate through natural cycles (for examples, skin regeneration, cell regeneration and the regeneration of bone marrow, as well as all functions of the body, are governed by defined and studied cycles of deconstruction and reconstruction); our bodies also respond cyclically to the effect of homeopathic remedies; each person is unique in their cycle, however the average time it**

takes for a potency to complete its action is approximately four to six weeks and our case management system is created in adherence to these cycles

With this in mind, these are the processes that we have found to be optimal in both timing and arrangement after more than twenty years of practice:

- 1. The client has an appointment with Dr. Olga Imas every four to six weeks during the first twelve-eighteen months of the healing process; if necessary, Dr. Olga herself advises to switch to increasingly spread out appointments as the client's condition becomes stronger and with increasingly stable fluctuations**
- 2. After twelve to twenty four months (or another interval of time if necessary), clients may be recommended to have appointments at greater intervals of time at Dr. Olga Imas' discretion**
- 3. We do not accept changes of appointment schedule intervals during the first until we deem the system to be ready, as changing the timeline compromises our ability to lay the foundation necessary to proceed with the healing process;**
- 4. Regardless of how long any client has been with our practice, four to six weeks is the optimal interval of time in between appointments in order to constantly adjust and tailor case management;**
- 5. If, after the first twenty four months, a client opts to stretch out appointments for longer than intervals of eight weeks, they lose the benefit of free acute care and will be required to pay additional fees (\$120) for each acute episode, which inevitably occur during the healing process; longer than eight weeks breaks the natural cycle of the body's calibration mechanism**

To conclude, healing in harmony with one's natural design requires the development of an increased level of self-awareness, as well as a willingness to approach health through new concepts on the path to achieving true vitality and the stabilization of health, which is our entire goal.

We hope this document will assist you in this process; it may be lengthy, but the matter requires elaboration.